

Anchor Chart - Unit 5

Kitchen Safety



Wash hands before cooking.



Use an oven mitt for hot items.



Chop and cut food slowly and carefully.



Keep raw meat and seafood separate from produce.

Following a Recipe

Gather ingredients.

Read each step.

Follow each step carefully and in order.



Functions of Appliances

bake - oven



fry - stove
with a pan



blend - blender



boil - stove
with a pot



Level 2