

Sample Preference Assessment for Families

Write down all the things and activities you see your child gravitate towards and seem to enjoy interacting with. You can then try ranking them as highly preferred and medium preferred. Once you have a list, you can use these things to reinforce and plan activities during table time! Below is a sample!

Objects/toys/edibles

Highly Preferred (will always take from an adult/choose to interact with)	Medium Preferred (will sometimes choose this)
<ul style="list-style-type: none">• Fruit snacks• Goldfish crackers• Generic chocolate chip cookie• Surprise egg• Pipe cleaners	<ul style="list-style-type: none">• Flicking a TheraBand on the door• Mini M&Ms• Sip of juice•

Activities

Highly Preferred (will always take from an adult/choose to interact with)	Medium Preferred (will sometimes choose this)
<ul style="list-style-type: none">• Ipad – Baby shark song, Counting song with The Singing Walrus• Bingo daubers & paper• Play-doh• Running around while waving scarf	<ul style="list-style-type: none">• Popping bubble wrap• Inset puzzles